



Luke 24:13-35



Heart Beat Newsletter

Heart of Ohio Emmaus & Chrysalis Community
1991 – 2023
Issue 31, April 2024

Heart of Ohio Gatherings

Ontario

United Methodist Church

3540 Park Ave. W

Ontario, OH 44906

1st Thursday of each month / Fellowship 7:00 PM

Worship 7:30 PM

Plenty of Church Parking (rear)

Use Parking Lot Entrance

Worship in Fellowship Hall

Prayer Concerns - Carl Schaefer

Monthly Gathering

Thursday – April 4th, 2024



Ontario United Methodist Church

3540 Park Ave. W.

Ontario, OH 44906

419-529-4347

Tom Matus – Community Spiritual Director:

“When the Israelites saw the great power the Lord displayed against the Egyptians, the people feared the Lord and put their trust in Him and in Moses His servant.”

Exodus 14:31

What makes an effective Christian leader today? Is it charisma? Is it ability? Is it communication and oratory skills?

God's view of an effective leader has nothing to do with these qualities. They may be a part of an effective leader. However, the core attribute of a Christian leader is his or her integrity with God and their obedience to follow Him. When this happens, God manifests power in and through that leader.

Moses was effective because he was willing to obey the commands God gave him. When Moses did this, God manifested His presence in him. The result was that people followed. They followed because they saw God working in and through the man. They saw that this man was worthy of following because God's anointing was on him.

When people see the Lord's power manifested in your life, they will have a healthy fear of the Lord. They will look at you and say, "This person has something I don't have that is worthy of more investigation."

Your challenge is to seek the Lord with a whole heart, resulting in God's power being manifested in the daily activities of your life. When this happens, you can expect others to be drawn to what they see in you. Pilgrims often comment at closing that when they looked into the eyes and faces of the team members, and community members serving, they saw Jesus in action. We were no longer individuals, but the body of Christ in action.

This is what the Walk to Emmaus is to reveal, that our eyes are opened to see Jesus right beside us. Let us take this challenge and awareness with us as we prepare to host the upcoming women's walk. May we allow the Holy Spirit to direct our words and actions that these Ladies might also see Jesus at work.

Debbie Strack – Women's Registrar

Hello from Women's Registration. The sun is shining and Spring flowers are in bloom. That means an Emmaus Walk is soon to happen. We have 14 women ready to take a walk with Jesus. There is room for more. Deadline is April 15, 2024 to get applications in for

Women's Walk #76. Pray about who God wants you to Sponsor. I look forward to hearing from you. DeClores!

Debbie Strack
strackdebbie@yahoo.com
419-913-8835

Vince Brown – Men’s Registrar:

Now accepting applications for the Fall 2024 Men’s Walk.

Becky Snyder – Face 2 Face Encounter Chair

The Face 2 Face Committee is continuing to prepare for the next Encounter: July 9, 11, 16 and 18, 2024, and our newly recruited Lay Director is now calling upon Team members. The Committee has the following open positions to fill for the upcoming 2024 calendar year: Spiritual Director, Assistant Spiritual Director, Leadership Representative, Fellowship, and Media. If you are interested in this unique older Adult ministry, contact Becky Snyder at either her phone: 419-6732-4898 or by email: titus2mom@zoominternet.net.



Faith Global Methodist Church
1574 - OH-96, Ashland, OH 44805
(2024 Face 2 Face Encounter Location)

Tom Roepke – Chrysalis Committee Chair

Chrysalis, which has touched the lives of countless teens in the region since its inception in 1996, offers a safe and supportive environment where young adults ages 14-18 as participants can explore their faith, build meaningful relationships with others, and discover their unique purpose in life.

These past two years has caused us to pause this ministry as the larger HOE community retools its efforts and ministry programs. As we enter into a new year there is a need for new committee members and volunteers to join the team of dedicated individuals who share a passion for supporting the spiritual growth of youth.

Committee members will play a crucial role in guiding the program's strategic direction and ensuring its continued success, while volunteers will actively participate in the planning and execution of Chrysalis weekends.

If you are interested in joining the Heart of Ohio Chrysalis team as a committee member or volunteer, please reach out to Tom Roepke @ troepke@gmail.com or 419 651-3196.

Evy Buchanan – Agape

Greetings Community:

Just a reminder that I am asking for 45 pieces of agape for the upcoming Women's walk #76. If there is an increase in the number of Pilgrims I will surely let you folks know. If you folks would like to bring your agape to the April gathering, I would be more than happy to bring them home with me and take to the camp for you. Also, a reminder to the Sponsors remember to have the Pilgrim's first and last name on the front of the 12 letters that you have bundled up together with the most important ones on the top. 😊 Also remember to write on the bottom right hand corner of each letter "PILGRIM" and on the other side bottom left hand corner who it is from. Thank you, thank you.

Flights Fees

Emmaus Fall Walk Fees	\$ (TBD)*
Future Chrysalis Flights Fees	\$ (TBD)*
Future Team Members Fees	\$ (TBD)*
Spiritual Directors	\$ -0-
Logistics	\$ (TBD)*
Face to Face Encounter	\$ 75.00

Note: Servers need to pay for their meals.

***The Board will be reviewing the above fees do to having been notified of an increase in Camp Fees. The above rates, however, will remain in effect for the scheduled Spring Walks.**

2024 Emmaus Community Events

Women’s Emmaus Walk - April 25 - 28, 2024
Men’s Emmaus Walk - September 19 - 22, 2024
Women’s Emmaus Walk - October 17 - 20, 2024
Face 2 Face 2024 Encounter: July 9, 11, 16 and 18, 2024
Located at Faith Global Methodist Church - Ashland



Camp Otyokwah

3380 Tugend Rd, Butler, OH 44822

(Heart of Ohio Emmaus weekend location)

Heart of Ohio Emmaus Board of Directors 2024

(Positions Highlighted in Red are open Positions)

Lay Director -	Open
Temporary – David Zeuch - Emeritus dzeuch@Columbus.rr.com	
Spiritual Director	Open
Temporary – Tom Matus Tmatus49@gmail.com	
Assistant Lay Director	Layton Broome
laytonbroom@aol.com	
Secretary	Kerrie Zeuch
dzeuch@columbus.rr.com	
Treasurer	Amy Tenover
Tenoeveramy@gmail.com	
Agape	Evy Buchanan
sophiewiseandbeautiful3@gmail.com	
Fellowship Gatherings	Mary Ann Stotts
ma215@gmail.com	
Fellowship Walks	Jan & Mike Bell
Jan.bell55@gmail.com	
Good Shepherd	Open
Kitchen	Kerrie Zeuch
dzeuch@columbus.rr.com	

Leadership	Carolyn Fergus
cfergus911@yahoo.com	
Housing/ Walk Logistics	Mark Ellis
mmdjservice@yahoo.com	
Men's Registration	Vince Brown
VLBrown321@gmail.com	
Women's Registration	Debbie Strack
strackdebbie@yahoo.com	
Outreach	Open
Purchase / Supplies	Carolyn Berson
Email Address	
Worship / Music	Christi Haun
Chaun24@icloud.com	
Chrysalis (Chairperson)	Tom Roepke
Tom.atlinden@gmail.com	
Chair Emeritus	David Zeuch
dzeuch@Columbus.rr.com	
Sponsorship / Education	Jerry Bell
Face to Face Chairperson	Becky Snyder
revtds@zoominternet.net titus2mom@zoominternet.com	
Historian	Jamie Sanders
Ho.emmaus.historian@gmail.com	
Web Page	Jim Troutman
James.troutman@siemens.com	
Newsletter	Carl Schaefer
schaeferatlake@gmail.com	
Prayer Network	Carl Schaefer
schaeferatlake@gmail.com	



Heart of Ohio Face to Face Board Committee 2024

(Positions Highlighted in Red are Open Positions)

Face to Face Chairperson – Becky Snyder
revtds@zoominternet.net
titus2mom@zoominternet.com

Vice-Chairperson **Open**

Spiritual Director **Carl Schaefer**
schaeferatlake@gmail.com

Asst. Spiritual Director Layton Broome
laytonbroom@aol.com

Secretary Donna Baker
sdhnsb@aol.com

Leadership Representative **Open**

Logistics/Supplies Mike Bell
Mikebell55@gmail.com

Agape/Supplies **Evy Buchanan**
sophiewiseandbeautiful3@gmail.com

Media **Open**

Registration Donna Baker
sdhnsb@aol.com

Fellowship **Open**



Heart of Ohio Chrysalis Committee for 2024

(Positions Highlighted in Red are Open Positions)

Chairperson **Tom Roepke**
Tom.atlinden@gmail.com

Vice Chairperson **Open**

Secretary, Newsletter Beth McCready
Emm517@sssnet.com

Spiritual Director **Open**

Assistant Spiritual Dir. Layton Broome
laytonbroom@aol.com

Logistics Bob Johnson
Redlee5247@aol.com

Registration Meredith Davis
Meredithd17@gmail.com

Supply Carolyn Fergus
CFergus@gmail.com

Leadership **Open**

Agape Jen Patterson
mjj@sssnet.com

Kitchen Kerrie Zeuch
dzeuch@columbus.rr.com

Literature **Open**

Outreach Lisa Lyman
lisarunrow@@gmail.com

Worship Christy Haun
Chaun24@icloud.com

Kitchen Kerrie Zeuch
dzeuch@columbus.rr.com

Leadership Carolyn Fergus
cfergus911@yahoo.com

Youth Benjamin Segars
bps0610@columbus.rr.com



Upper Room News and Information:

More 4th Day Stories:

We would love for you to share your 4th day story at one of the future Heart of Ohio Emmaus Gatherings. You can reserve a date by contacting Christy Haun, our Community Worship Leader. You can contact her at 330-749-1863 or email her at chaun24@icloud.com.

But, if you have trouble speaking in front of groups and that is holding you back from sharing your story at the Gathering, I understand. If so, I would love to share it with the Community in one of the upcoming issues of the Community Newsletter. The above story by Cheryl Pumphrey from Birmingham is probably like the one you experienced. You can send it to me at my email:

schaeferatlake@gmail.com.

Carl Schaefer – Newsletter Editor

Stephen's Fourth Day Talk May 10, 2004

Hi. My name is Stephen Puderbaugh. I attended the Greater Dayton Emmaus Men's Walk number 28 and sat at the table of Stephen.

My original walk was about two years ago in May of 2002. Like many of you, it was a life-changing experience. It felt like a new beginning for me.

There were two things on that weekend that had a monumental impact on me. The first was when I was able to give Jesus a burden that had affected me most of my life. I was able to leave it at His feet and the relief that I felt was like nothing I had ever felt before. An enormous weight had been lifted from me. The second was when I experienced God's love through His people to a degree that I didn't know was possible. It is completely amazing what the Holy Spirit can do with people who have their hearts in line with His. This love I experienced wasn't a light, airy, abstract, somewhere in space type of love either. It was concrete. It was full. It was real. It was love that I could get my arms around and truly feel throughout my entire soul. It was exactly what I needed. Because of that experience, I am able to see God more easily; see God more clearly. I see Him in nature, I see Him in other people, and I can even see Him in myself. There have been many things throughout my life that have caused me to hold onto my feelings and shelter myself from others, including God. The Walk to Emmaus, as well as being married to an extremely outgoing, expressive, loving woman, have helped me open up to God (and other people) more than I ever have before; and because I am more able to open up, I am also able to become closer to God and others as well.

Besides the experience itself, the Walk to Emmaus also gave me two other things. The first is a share group. My friends in my share group have been priceless to me. If you are not in a share group right now, I would highly encourage you to find on or start one. The accountability that my friends provide me keeps me headed in the right direction and makes it easier for me to keep my hands off of the burden that I left at Jesus' feet. They are also there for me whenever I need them, whether it is praying for me and my family or helping me to discern God's will for my life.

The other thing that I have since I went on my Walk, is this awesome family, all of you in this community. I remember so clearly the words Mary Pat said, "You will never have to go through

anything alone again." How true these words have been? Never before have I even seen, let alone been a part of, a family like this. I know that I can be fully honest and authentic with you. Within this community is a place where I don't need to be afraid to share what I am really feeling inside of me. When my wife, Connie, and I found out about her tumor's return last year, I knew I could turn to the Emmaus Community for support. Let me tell you, I wasn't disappointed. When we had a prayer service for Connie, not only did a lot of you come and pray with us, but we were also blessed to have two clergy, that we only knew through Emmaus, help us with the service. Thank you (look for Mamie). Thank you (look for Plamer). Then, when it got closer to her surgery, you signed up for a 72-hour prayer vigil. It is simply amazing what the power of prayer can do. Even now, after Connie's physical death last November, I know many of you are still praying for my daughter, Rachel, and me. Someone told me at Connie's funeral that there will come a time when all the people supporting me will disappear. I should have told him, "Oh, you must not know about Emmaus." But, I am rarely good at witty comebacks like that. I realize it has only been about 6 months, but I haven't seen you let up yet. Often, I am asked how I am doing since her death. Truly I can say that things are OK. I know how strong her faith was and there is no doubt where she is right now. I also know that it won't be all that long until I see her again. It is very comforting to know that when I say that to any of you, you know what I mean and that I really am being sincere with you as I always am.

In short, my Walk has meant a real connection with my Lord Jesus and with those who make up the body of Christ.

As for what I plan to do now, let me share with you the words I said at the end of my original Walk. "I am just going to do whatever God wants me to and share His love as much as I can." I didn't really know what that meant at the time, but now that it has been a couple of years, I have a little better idea of why God led me to say those words.

After my Walk, I wanted to get as many people as I could to share the same experience; to see what God has for them; to see how much they are loved. I was so blessed to be able to sponsor my wife, Connie, on her Walk last February. It was so awesome to be able to share that experience with her fully. It brought us so much closer together. Although I must confess that I am glad I had a 9-month head start on her. That way I at least knew a few people before she did. I was also blessed to sponsor my parents on their Walks last year and my brother-in-law and sister-in-law this year. I hope we can continue to bring more of our earthly family into our Emmaus family.

Since my Walk, God has led me to serve on two Emmaus Teams. I know that God used me to touch specific pilgrims and other team members. Each person has experiences and a testimony that someone else will have a unique connection with. That is why it is a Team experience. God has a reason for each team member and each pilgrim to be on a particular Walk. If you have not been on a team yet, I encourage you to ask God if he wants you to be on one. If you have any feeling that maybe that is what he wants you to do, then get that Willing Servant form in. You won't regret it.

You know, I really enjoy speaking in front of people like this. Generally speaking, I really am a lot better doing this, then when I talk to people one on one or in smaller groups. I'm not sure why that is, other than it is a God-thing. Perhaps that is why he has led me in the direction I am now going. I want to share with you one sentence from a letter I got on December 15 of last year. "I have the great pleasure of telling you that you have been granted admission to United Theological Seminary for studies in the Master of Arts in Religious Communication beginning in the Fall 2004 semester." Yes, after my Walk, God laid it on my heart to go back to school, for Him. I am so thankful I was able to pray about this with Connie before she left. I am not sure exactly why He wants me to go to school, but, I am trying to listen more closely to his hints.

What I plan to do during my Fourth Days is to continue to share God's love and to try to do what he wants me to do. I feel so fortunate to have your encouragement as I go along my spiritual journey. Thank you.

De Colores.

Evy Buchanan, Agape Chair, has listed the upcoming Emmaus Events coming up around the Country to pray for.

Faith Walk Jackson, TN
MW #39 April 13-16
WW #40 April 20-23

Central Ohio Emmaus Marysville, Ohio
MW # 75 April 27-30

East Ohio Emmanuel Canton, Ohio
MW#101 April 13-16
WW #101 April 20-23

Greater Cincinnati Em/Face to Face
WW #726 April 13-16

Birmingham Emmaus Trussville Al
WW #96 April 13-16

Blue Lake Emmaus Andalusia, Al
MW #276 April 20-23

Cross Point Emmaus Ardmore, Ok.
MW # 111 April 13-16
WW # 112 April 27-30

Green Country Emmaus Tulsa, Ok.
MW April 13-16
WW April 27-30

Fox Valley Emmaus Green Bay, Wisconsin
MW # 35 April 20-23
WW # 36 April 27-30

Eastern Panhandle of WV Martinsburg, WV
MW # 149 April 20-23

Crossroads of Eastern Pennsylvania
Reading, Pennsylvania
MW #67 April 21-23
WW # 67 April 27-30

Face to Face Encounter # 4
New Hope UMC Des Moines, Iowa
April 10,12,13C,14

Central Emmaus Crystal Springs, Miss
MW # 176 April 12-15

North Georgia Emmaus Dallas,
Georgia
MW # 205 April 13-16

Jackson Area Emmaus Jackson,
Michigan
MW April 13-16

Birmingham Emmaus Gallant, Al
WW # 96 April 13-16

Western New York Penfield,
N.Y.
WW # 59 April 13-16

Greater Cincinnati Madeira, Ohio
WW # 126 April 13-16

New Covenant Kelso, Tenn.
MW # 106 April 13-16

Nashville Upper Room Emmaus
Hendersonville, Tenn.
WW # 204 April 13-16

Brazos Valley Emmaus Texas
WW # 127 April 13-16

Lexington Emmaus Wilmore, Kentucky
MW # 145 April 13-16