



Luke 24:13-35



Heart Beat Newsletter

Heart of Ohio Emmaus & Chrysalis Community
1991 – 2023
Issue 28, January 2024

Heart of Ohio Gatherings

Ontario

United Methodist Church

3540 Park Ave. W

Ontario, OH 44906

1st Thursday of each month / Fellowship 7:00 PM

Worship 7:30 PM

Plenty of Church Parking (rear)

Use Parking Lot Entrance

Worship in Fellowship Hall

Prayer Concerns - Carl Schaefer

Monthly Gathering

Thursday – January 4th, 2024



Ontario United Methodist Church

3540 Park Ave. W.

Ontario, OH 44906

419-529-4347

Mike Bell – Chair - Emeritus

Dear Emmaus Community:

I want to express my sincerest thanks for your prayers, cards and expressions of love and support for me and my family during my recent hospitalization. I give thanks to God for delivering us from a difficult situation and for the healing that is taking place. I know God continues to have plans for me. We are blessed to be part of the Heart of Ohio Emmaus Community and look forward to being able to rejoin the life of the community in a few months. Love you all, Mike Bell

Leadership Needs (Repeat from December)

As we begin to prepare for 2024, the HOH Community that we have a serious need for Emmaus Board leadership. We have open board positions for Community Lay Director, Vice-Chair, Spiritual Director, Assistant Spiritual Director, Purchasing and Supply, Outreach, Good Shepherd. Face to Face and Chrysalis also have leadership needs. It takes the efforts of a committed board to enable the community to hold our Emmaus Walks, Chrysalis Flights and Face to Face Encounters. We have updated job descriptions for each Emmaus board position and the existing board will work to support new board members in understanding their responsibilities and tasks. Please contact me or any board member if you have an interest in serving. We will supply a job description and answer your questions. Remember, Christ is counting on you.

Tom Matus – Community Spiritual Director:

What makes the men in Matthew 2:1-12 wise? They were wise because they chose to act on what they saw in their studies.

They appear in this lesson as wise because they are seeking the Messiah. They are on a quest to find God in their lives. Today wisdom is still measured by the same standard. Those that are truly seeking God in Christ are wise.

The foolish seek other Gods – power, prestige, possessions, clubs, and sometimes even Church membership. While these things can become Gods in and of themselves, they are not God.

The wise men chose to make themselves look like fools. Here they were with their expensive gifts chasing after a star. Think just how foolish that must have seemed to the people of their day.

How far are we willing to go to really know Jesus Christ in a personal way that will make us different from people in general? Oh no, we can't do that, society demands we fit in. It's alright to go to Church, just don't let it affect the way you do your job or the way you act around others.

What about these wise men? They were seeking the Christ child in order to worship Him. They weren't looking for Him simply so they could present their expensive gifts. They wanted to give themselves to Him as well.

When they appeared before Herod, he requested they come back and tell him where the child could be found so "he too might go and worship the child".

According to society the smart thing for the wise men to do would have been to follow Herod's request. But wisdom took them in a very different direction because of their quest for God in their lives.

The wise men had to make a decision, would they follow God's leading, or the demands of Herod? Wisdom will always seek the way of God over the way of man. As we enter this New Year, I have made only one resolution.

I resolve in all things to more intentionally seek the leadership of God in my life.

Debbie Strack – Women's Registrar

Hello from Women's Registration. It's a new year and time to get serious about bringing God's word to new Pilgrims.

I have 10 applications and I will start sending confirmations letters out soon. There is more room for many more Pilgrims to attend the Women's Walk in April 25-28, 2024. I look forward to receiving your Pilgrim applications. Don't forget you can access the Emmaus University site to refresh your memory on Sponsoring. De Colores

Registration:
strackdebbie@yahoo.com
632 Wiggs Ct. Galion, Ohio 44833
419-462-5900 H. 419-913-8835 C.

Vince Brown – Men's Registrar:

Vince Brown confirmed that we still only have two men registered for the Men's Spring Walk. The date of the Walk is March 14-17, which makes **the deadline for**

applications February 2. That leaves only two months before the actual date of the spring Walk. We need to get busy inviting pilgrims to fill up the Walk.

Becky Snyder – Face 2 Face Encounter Chair

The Face 2 Face Committee has voted to accept the invitation to return to Faith Global Methodist Church for its 2024 Encounter. The Committee has the following open positions to fill for the upcoming 2024 calendar year: Spiritual Director, Assistant Spiritual Director, Leadership Representative, Fellowship, and Media. If you are interested in this unique older Adult ministry, contact Carol Pickworth at 614-530-9927 or email: cpicksquilts@hotmail.com.



Faith Global Methodist Church
1574 - OH-96, Ashland, OH 44805
(2024 Face 2 Face Encounter Location)

Tom Roepke – Chrystalis Committee Chair

Chrystalis, which has touched the lives of countless teens in the region since its inception in 1996, offers a safe and supportive environment where young adults ages 14-18 as participants can explore their faith, build meaningful relationships with others, and discover their unique purpose in life.

These past two years has caused us to pause this ministry as the larger HOE community retools its efforts and ministry programs. As we enter into a new year there is a need for new committee members and volunteers to join the team of dedicated individuals who share a passion for supporting the spiritual growth of youth. Committee members will play a crucial role in guiding the program's strategic direction and ensuring its continued success, while volunteers will actively participate in the planning and execution of Chrystalis weekends.

If you are interested in joining the Heart of Ohio Chrystalis team as a committee member or volunteer,

please reach out to Tom Roepke @ troepke@gmail.com
or 419 651-3196.

Heart of Ohio Emmaus & Chrysalis Flights Fees

Emmaus Walk Fees	\$165.00
Chrysalis Flights Fees	\$165.00
Team Members Fees	\$165.00
Spiritual Directors	\$ -0-
Logistics	\$ 39.00
Face to Face Encounter	\$ 75.00

Note: Servers need to pay for their meals.

2024 Emmaus Community Events

Men's Emmaus Walk - March 14 - 17, 2024
 Women's Emmaus Walk - April 25 - 28, 2024
 Men's Emmaus Walk - September 19 - 22, 2024
 Women's Emmaus Walk - October 17 - 20, 2024
 Face 2 Face 2024 Encounter: July 9, 11, 16 and 18, 2024
 Located at Faith Global Methodist Church - Ashland



Camp Otyokwah

3380 Tugend Rd, Butler, OH 44822

(Heart of Ohio Emmaus weekend location)

Heart of Ohio Emmaus Board of Directors 2024

(Positions Highlighted in Red are open Positions)

Lay Director - Open
 Temporary – David Zeuch
dzeuch@Columbus.rr.com

Assitant Lay Director open
 chosen from board

Secretary Kerrie Zeuch
dzeuch@columbus.rr.com

Treasurer Amy Tenover

Spiritual Director Open
 Temporary – Tom Matus
Tmatus49@gmail.com

Assistant Spiritual Directors Open

Agape Evy Buchanan
sophiewiseandbeautiful3@gmail.com

Fellowship Gatherings Mary Ann Stotts
ma215@gmail.com

Fellowship Walks Jan & Mike Bell
Jan.bell55@gmail.com

Good Shepherd Open

Kitchen Kerrie Zeuch
dzeuch@columbus.rr.com

Leadership Carolyn Fergus
cfergus911@yahoo.com

Housing/ Walk Logistics Mark Ellis
mmdjservice@yahoo.com

Men's Registration Vince Brown
VLBrown321@gmail.com

Women's Registration Debbie Strack
strackdebbie@yahoo.com

Outreach Open

Purchase / Supplies Open

Worship / Music Christi Haun
Chaun24@icloud.com

Chrysalis (Chairperson) Tom Roepke
Tom.atlinden@gmail.com

Chair Emeritus David Zeuch
dzeuch@Columbus.rr.com

Sponsorship / Education Jerry Bell

Face to Face Chairperson Becky Snyder
revtds@zoominternet.net
titus2mom@zoominternet.com

Historian Jamie Sanders
Ho.emmaus.historian@gmail.com

Web Page Jim Troutman
James.troutman@siemens.com

Newsletter Carl Schaefer
schaeferatlake@gmail.com

Prayer Network Carl Schaefer
schaeferatlake@gmail.com

Registration
sdhnsb@aol.com

Donna Baker

Fellowship

Open



Heart of Ohio Chrysalis Committee for 2024

(Positions Highlighted in Red are Open Positions)

Chairperson Tom Roepke
Tom.atlinden@gmail.com

Vice Chairperson Open

Secretary, Newsletter Beth McCready
Emm517@sssnet.com

Spiritual Director Open

Assistant Spiritual Dir. Layton Broome
laytonbroom@aol.com

Logistics Bob Johnson
Redlee5247@aol.com

Registration Meredith Davis
Meredithd17@gmail.com

Supply Carolyn Fergus
CFergus@gmail.com

Leadership Open

Agape Jen Patterson
mjj@sssnet.com

Kitchen Kerrie Zeuch
dzeuch@columbus.rr.com

Literature Open

Heart of Ohio Face to Face Board Committee 2024

(Positions Highlighted in Red are Open Positions)

Face to Face Chairperson – Becky Snyder
revtds@zoominternet.net
titus2mom@zoominternet.com

Vice-Chairperson Open

Spiritual Director Open

Asst. Spiritual Director Layton Broome
laytonbroom@aol.com

Secretary Donna Baker
sdhnsb@aol.com

Leadership Representative Open

Logistics/Supplies Mike Bell
Mikebell55@gmail.com

Agape/Supplies Evy Buchanan
sophiewiseandbeautiful3@gmail.com

Media Open

Outreach
lisarunrow@@gmail.com

Lisa Lyman

Worship
Chaun24@icloud.com

Christy Haun

Kitchen
dzeuch@columbus.rr.com

Kerrie Zeuch

Leadership
cfergus911@yahoo.com

Carolyn Fergus

Youth
bps0610@columbus.rr.com

Benjamin Segars



Upper Room News and Information:

More 4th Day Stories:

We would love for you to share your 4th day story at one of the future Heart of Ohio Emmaus Gatherings. You can reserve a date by contacting Christy Haun, our Community Worship Leader. You can contact her at 330-749-1863 or email her at chaun24@icloud.com.

But, if you have trouble speaking in front of groups and that is holding you back from sharing your story at the Gathering, I understand. If so, I would love to share it with the Community in one of the upcoming issues of the Community Newsletter. The above story by Cheryl Pumphrey from Birmingham is probably like the one you experienced. You can send it to me at my email:

schaeferatlake@gmail.com.

Carl Schaefer – Newsletter Editor

My Fourth Day Story **AUGUST 16, 2021 BY REV. ANDELLA MOORE**

I am Andella Moore, a Methodist minister serving in the Belize/Honduras district of the Methodist Church in the Caribbean and the Americas. Originally from Guyana, South America, I participated in The Walk to Emmaus on the Caribbean island of Barbados in 2005.



For years after attending the Walk, I said that taking this journey was the best financial investment I'd made in my spiritual life. It truly was, and by God's grace, I continue to build on that experience. Immediately after my Walk, I made two significant adjustments to who I was becoming as a maturing Christian. First, I became more aware of and began to talk about God's call on my life to full-time, ordained ministry. I'd secretly been wrestling with what I'd perceived to be a need to unconditionally surrender myself to the will of the Lord. By the end of the Walk, it had become clear to me that God was indeed guiding me in the direction of ordained ministry. I was subsequently processed as a

candidate for the ministry and am now an ordained minister of the gospel.

Second, and perhaps the most crucial aspect of my Fourth Day growth process, I needed to learn to receive God's love so I could share it with others as I'd always wanted to do. Several factors had contributed to my inability to allow God to lavish his love on me. Emmaus gave me the opportunity I needed to respond to God's love, after I spent time in the company of believers whose primary task was to lavish God's love on me. The expressions of agape simultaneously stirred up my insecurities as well as my desires about being able to love. Love won! I knew that I'd had the capacity to love in ways God desired me to, but I was able to express love only when God's love overflowed in my heart. My journey to giving more of my heart to God's love began. I became a more forgiving, gracious, gentle, nonjudgmental, nonlegalistic person—all of which began to influence my relationships and my ministry. I became more assured of the value that God's love brings into every equation regarding life and living for Christ. Being set free to love makes loving a source of liberation.

As a young Christian, I loved praying. However, the Fourth Day experience led me to desire a more meaningful prayer life. After becoming certain of God's call to ministry, I realized I needed to embrace a more contemplative lifestyle. My reunion group meetings helped significantly in consistently pursuing my desire in this area. Additionally, I became more interested in exploring new ways of experiencing and communing with the Lord as an ongoing conversational partner. I began to plan more quiet time into each day and began learning other forms of scripture-prayer practices that would enable me to have a more effective prayer life—for example, *lectio divina* (sacred reading of scripture). I also became interested in writings of monks and contemporary mystics. Since then, I've become fascinated with Rumi, whose writings inspire me to explore new themes. Along with incorporating the discipline of fasting more regularly into my schedule, I also began attending at least one fasting camp a year, where I would submit to emptying myself in order to further discern and embrace God's will for my life. Progressively, I've had to adjust to the Spirit's guidance in new ways of exercising piety. For the past two years, I have

worked with a spiritual director who listens to and supports me. Two weekends ago I completed my first four-day personal silent retreat. Needless to say, that won't be my last one.

Admittedly, I've had to challenge myself to go beyond my usual reading for sermons and presentations to support my own personal interests. Consequently, I've tried to incorporate reading a chapter a day from some spiritual resource into my devotional life. I challenged myself to improve my reading so I could develop greater personal and vocational/professional awareness as a faith-based leader. Hence, my reading list has expanded quite significantly over the last two years. My current readings include Paul's letter to the Ephesians, *Gratefulness*, the *Heart of Prayer: An Approach to Life in Fullness* by David Steindl-Rast, and *5 Levels of Leadership: Proven Steps to Maximize Your Potential* by John C. Maxwell.

Growth Through Christian Action

My desire to see better Christian leadership in our community has led me to develop a curriculum for leaders of the congregation I serve. I plan to train 30 leaders in three years who can advance our church's ministry to the community we serve. The first group of 10 leaders in this first year is being exposed to models of biblical leadership, becoming grounded in Methodist leadership principles, and exploring personal development. Years two and three of the curriculum are still under construction. By the third year, we will be able to assess the program's effectiveness and make the necessary adjustments to present the curriculum to our church district as a model for leadership development.

Another significant action I've undertaken as a team approach is in the multimedia presentation of the *Pause Power* program. Last year, I became part of the Belize government's response to the COVID-19 pandemic. I couldn't ignore the increasing burden God had allowed me to feel for his people. I felt that as a church (the Methodist Church in the Caribbean and the Americas), we needed to respond beyond merely offering pantry items and pastoral care to the nation's peoples. In my opinion, physical distancing was further harming people, who all suddenly became vulnerable. I could sense the mourning of our people and knew that they needed more companionship to journey through the challenges of this uncertain period. The Mission and Evangelism

Committee of the Wesley Circuit accepted my proposal for the program, and with our superintendent's endorsement, Pause Power launched on May 3, 2020. Three seasons later, the ministry has become a source of inspiration as we helped people grapple with the emotional, physical, and spiritual dynamics of the pandemic. Further, the program seeks to encourage people to become more resilient and demonstrate proper stewardship of the gifts, graces, and passions God has blessed us with. Our guests have been intentionally selected from across the Caribbean and North American regions, and Pause Power has increasingly become a household name in Belize.

As a results-based individual, I thrive on evidence of growth and transformative change in individuals and groups, and I believe God desires to transform us so that we can change our world. As we are exposed to the consequences of broken humanity, people of faith should actively seek practical ways to influence people and situations. We want to increase our capacity to respond to the mandates of scripture and bring about God's kingdom on earth. I am hopeful that as God's people, we will be more willing to examine (not just as an academic or theological exercise) and embrace the incarnational nature of the God who calls and sends us. I believe that everything depends on leadership. If as a church we can dare to truly partner with God in creating, healing, and restoring the world, we will begin to see a movement of God that is necessary for the times that we live in. As part of the church, I look forward to our increasing engagement with other partners who are dedicated to individual and community development. I look forward to our raising the bar of excellence in selfless service to all. I pray that together we will have a greater sense of our need to submit to God's mission, rather than trying to coerce God into what we perceive to be God's mission in the world.

Rev. Andella Moore is a Methodist minister serving in the Belize/Honduras district of the Methodist Church in the Caribbean and the Americas.