



The Heart of Ohio Emmaus and Chrysalis Community

All about Chrysalis

What is a Chrysalis Flight?

Chrysalis Flights are three-day spiritual renewal retreats that provide participants an opportunity to learn more about faith, to experience Christian love and support, and to make new commitments in their faith journey. The content of the three days focuses on God's grace, how we experience Christ as friend in the body of Christ, and how we are called into discipleship by sharing God's love with the world.

The growth stage between caterpillars and butterflies is called a Chrysalis. While on the surface it may look like nothing is happening, a delicate process changes the caterpillar into a butterfly with wings and beautiful colors. For Christians this can symbolize dying to self, with Christ transforming us into new beings. The Chrysalis weekend can help open us to this transformation through Jesus.

Chrysalis is the name chosen for the Flight weekends and is for youth ages 14-18 (High School age). It symbolizes the spiritual growth that is necessary between adolescence and adulthood. A crucial time of maturing faith and discipleship, Chrysalis has its roots deeply planted in its parent movement, Walk to Emmaus.

What will I do at a flight?

You will spend three days with other young people in worship, prayer, fellowship, recreation, singing and discussion. You will experience the love of Christ through the prayers and the support of a loving community. Talks, given by youth and adults, will focus on the needs of maturing youth and young adults through the gospel, friendship and example of Jesus Christ. Each day you will hear five talks, followed by discussion and reflection on how these messages can encourage your personal faith. The discussions explore how friendship

with Jesus can help you live out your faith with family, friends, and other people in your world.

Who should go to Chrysalis?

- Chrysalis is for the development of Christians who:
- Wish to gain a fuller understanding of God's love
 - Wish to strengthen their friendship with Christ
 - May have unanswered questions about what it means to be a Christian
 - Understand that being Christ's friend, or Christian involves responsibility
 - Are open to dedicating their everyday lives to God.

To participate in a Chrysalis flight, fill out this registration form. To obtain more information about Chrysalis contact the Registrar listed the reverse.

What happens after Chrysalis?

After your Chrysalis experience you will continue exploring your dynamic friendship with God through Jesus by participation in your local church, small group studies, and interpersonal sharing groups. You are invited to build upon your Chrysalis experience for the rest of your life, to spread your wings every day.

Heart of Ohio Chrysalis Flight dates are traditionally scheduled as follows:

Girls Flights: Jan. 13-15, 2024 – (MLK Weekend)
 Boys Flights: Feb. 17-19, 2024 - (Presidents Day Weekend)
 Send-off for flights begins at 8 AM Saturday morning before the holiday; Closing begins Monday afternoon at 5 PM.

Section 1 – To be completed by the Caterpillar

Please PRINT CLEARLY

Name: _____ () Female () Male DOB: ____/____/____ Age You Will Be On the First Day of the Flight: ____

Name for Name Tag: _____ Graduation Year: _____ Tee Shirt (Circle Size): S M L XL XXL XXXL

Address: _____ City: _____ State: _____ ZIP: _____

Caterpillar Email: _____ Caterpillar Phone: (____) _____

Special requirements/Medications: List all health/dietary needs, limitations, allergies, or medications. List over the counter and prescription medications that you will need to take during the weekend. All medications brought to the weekend must be in their original container.

Signature: _____ Date: _____

Section 2 – To be completed by Caterpillar's Parent or Guardian

Please PRINT CLEARLY

The above caterpillar has my permission to participate in a Chrysalis weekend. In the event of an emergency and I cannot be reached by phone, I give my permission for the Heart of Ohio Chrysalis leaders to secure the emergency services of licensed medical professionals to provide the care necessary for my child's wellbeing. I agree to release any medical records necessary for insurance purposes.

Print Name: _____ Email: _____

Signature: _____ Date: ____/____/____ Phone: (____) _____

Alternate Emergency Contact: _____ Phone: (____) _____

Caterpillar Name: _____

Section 3 – To be completed by Sponsor

Please PRINT all information CLEARLY

Please review application and correct any personal information that is not printed CLEARLY. Applicants will receive an email indicating the application was received. After confirmation is received, the sponsor will receive an information packet to share with the caterpillar to assist him/her in the decision to attend a weekend, to help him/her to enter fully into the Chrysalis fellowship following the Flight, and to provide prayer, other support, and transportation to/from the weekend facility.

Sponsor's Name: _____

Street Address: _____ City, State, ZIP: _____

Home Phone #: (____) _____ Cell #: (____) _____ Email: _____

Community, #, & Date of Sponsor's 3-Day Weekend: _____

Please verify the following statements are true by initialing each line.

_____ I will respond promptly to the sponsorship email from the Board.

_____ I will be able to bring my caterpillar to Registration/Send-Off on Saturday morning of the flight weekend.

_____ I will attend Sponsor's Hour on Saturday morning, following Send-Off on Saturday morning of the flight weekend.

_____ I will attend Candlelight and Closing of the flight weekend. I can also arrange transportation home for my butterfly.

_____ I will collect at least 12 agape letters from close friends and relatives and deliver to camp for the weekend.

_____ I will take my butterfly to the first Gathering following his/her flight as well as the Chrysalis RUSH.

_____ I understand responsible sponsorship is vital to every Chrysalis community and that wise sponsorship should be purposeful and prayerful.

If you are serving on team, or are unable to fulfill all duties of the sponsor, please list your co-sponsor below:

Name: _____ Phone: _____ Email: _____

Please be sure your co-sponsor is aware of all above-stated requirements.

Sponsor's Covenant Agreement

I am making this covenant to volunteer and to be a willing servant on the flight. I will serve in one or more of these areas: Meal serving; Agape; Prayer Vigil; or Food Contributions.

Sponsor's signature: _____ **Date:** _____

Email: _____ Phone: (____) _____

Section 4 – To be completed the Caterpillar's Pastor or Youth Group Leader

Please PRINT CLEARLY

The above caterpillar is active in our church/youth group. I endorse the participation of this person in a Chrysalis weekend. There are two expectations of a person following their participation in a Chrysalis weekend: 1) an expanded inner spiritual life, and 2) a more active discipleship of Jesus Christ in the world through the participant's church/youth group.

Pastor's /Youth Group
Leader's Printed Name: _____ Signature: _____

Church/Youth Group: _____ How long have you known this person: _____

Church Address: _____ Church Phone: (____) _____

Section 5 – Mail completed form

Send completed application to:

Heart of Ohio Chrysalis Registration
Meredith Yates 454 Prairie Run Dr. Sunbury Ohio 43074
Email meredithd17@gmail.com 740-817-3964

NOTE: ALL APPLICATIONS MUST BE RECEIVED BY JANUARY 21ST

Please attach a non-refundable \$25.00 deposit that will be applied toward the contribution of \$185.00; the \$160.00 balance is due Saturday morning at send-off. Make checks payable to **HEART OF OHIO EMMAUS**. Contact Registration for scholarship information.

(Registrar's Use Only) Date Received: ____/____/____ Check #: _____ Amount Paid: \$_____ Acknowledgment Sent: ____/____/____

Need more information??? Please visit our website at www.heartofohioemmaus.org